

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 1

1.

G	A	H	U
---	---	---	---

L				
---	--	--	--	--

2.

I	C	S	U
---	---	---	---

M				
---	--	--	--	--

3.

H	S	E	R
---	---	---	---

F				
---	--	--	--	--

4.

U	D	O	L
---	---	---	---

C				
---	--	--	--	--

5.

O	H	O	E	T
---	---	---	---	---

S					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 2

1.

M	A	R
---	---	---

W			
---	--	--	--

2.

A	E	Z
---	---	---

G			
---	--	--	--

3.

L	A	R	E
---	---	---	---

C				
---	--	--	--	--

4.

G	N	S	U	I
---	---	---	---	---

M					
---	--	--	--	--	--

5.

O	S	T	E	R
---	---	---	---	---

F					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 3

1.

N	A	W
---	---	---

Y			
---	--	--	--
2.

E	P	N
---	---	---

O			
---	--	--	--
3.

A	M	Y	L
---	---	---	---

B				
---	--	--	--	--
4.

R	A	L	E
---	---	---	---

C				
---	--	--	--	--
5.

R	T	O	E	S
---	---	---	---	---

F					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 4

1.

L	D	I
---	---	---

M			
---	--	--	--

2.

E	E	P	L
---	---	---	---

S				
---	--	--	--	--

3.

E	A	W	R
---	---	---	---

A				
---	--	--	--	--

4.

R	T	A	E
---	---	---	---

W				
---	--	--	--	--

5.

P	L	I	E	P
---	---	---	---	---

R					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 5

1.

A	R	N	I
---	---	---	---

B				
---	--	--	--	--
2.

O	O	K	R
---	---	---	---

B				
---	--	--	--	--
3.

E	T	E	R
---	---	---	---

G				
---	--	--	--	--
4.

A	N	A	U
---	---	---	---

S				
---	--	--	--	--
5.

N	D	R	E	A
---	---	---	---	---

G					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 6

1.

N	A	W
---	---	---

Y			
---	--	--	--

2.

K	A	O
---	---	---

S			
---	--	--	--

3.

E	T	C	C	P
---	---	---	---	---

A					
---	--	--	--	--	--

4.

E	N	I	D	R
---	---	---	---	---

F					
---	--	--	--	--	--

5.

O	E	H	T	O
---	---	---	---	---

S					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 7

1.

D	Y	D	U
---	---	---	---

B				
---	--	--	--	--
2.

D	R	I	E
---	---	---	---

P				
---	--	--	--	--
3.

E	E	L	E	C
---	---	---	---	---

F					
---	--	--	--	--	--
4.

R	E	N	E	E
---	---	---	---	---

S					
---	--	--	--	--	--
5.

T	N	N	T	E
---	---	---	---	---

I					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 8

1.

N	A	W
---	---	---

D			
---	--	--	--

2.

T	F	O
---	---	---

S			
---	--	--	--

3.

S	C	U	I
---	---	---	---

M				
---	--	--	--	--

4.

U	O	C	S
---	---	---	---

F				
---	--	--	--	--

5.

E	A	H	X	L
---	---	---	---	---

E					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes.

Puzzle 9

1.

O	E	P
---	---	---

H			
---	--	--	--
2.

L	A	I	T
---	---	---	---

V				
---	--	--	--	--
3.

E	U	A	L
---	---	---	---

V				
---	--	--	--	--
4.

E	E	R	G
---	---	---	---

A				
---	--	--	--	--
5.

N	A	S	H	K
---	---	---	---	---

T					
---	--	--	--	--	--

Mindful Wellness Word Scramble

Unscramble each word. Write it in the boxes. **Puzzle 10**

1.

P	R	A
---	---	---

W			
---	--	--	--

2.

I	H	T	G
---	---	---	---

L				
---	--	--	--	--

3.

I	F	L	P	T
---	---	---	---	---

U					
---	--	--	--	--	--

4.

W	O	D	A	E
---	---	---	---	---

M					
---	--	--	--	--	--

5.

O	T	O	E	H
---	---	---	---	---

S					
---	--	--	--	--	--

Answers: Mindful Wellness Word Scramble

Puzzles 1 to 4 of 10.

Puzzle 1

1. LAUGH
2. MUSIC
3. FRESH
4. CLOUD
5. SOOTHE

Puzzle 2

1. WARM
2. GAZE
3. CLEAR
4. MUSING
5. FOREST

Puzzle 3

1. YAWN
2. OPEN
3. BALMY
4. CLEAR
5. FOREST

Puzzle 4

1. MILD
2. SLEEP
3. AWARE
4. WATER
5. RIPPLE

Answers: Mindful Wellness Word Scramble

Puzzles 5 to 8 of 10.

Puzzle 5

1. **BRAIN**
2. **BROOK**
3. **GREET**
4. **SAUNA**
5. **GARDEN**

Puzzle 6

1. **YAWN**
2. **SOAK**
3. **ACCEPT**
4. **FRIEND**
5. **SOOTHE**

Puzzle 7

1. **BUDDY**
2. **PRIDE**
3. **FLEECE**
4. **SERENE**
5. **INTENT**

Puzzle 8

1. **DAWN**
2. **SOFT**
3. **MUSIC**
4. **FOCUS**
5. **EXHALE**

Answers: Mindful Wellness Word Scramble

Puzzles 9 to 10 of 10.

Puzzle 9

1. **HOPE**
2. **VITAL**
3. **VALUE**
4. **AGREE**
5. **THANKS**

Puzzle 10

1. **WRAP**
2. **LIGHT**
3. **UPLIFT**
4. **MEADOW**
5. **SOOTHE**